Intramuscular cavernous hemangiomas arising from masseter muscles

Hanifi Bayaroğulları1, Yaşar Çokkeser2, Ercan Akbay2, Ece Karaoğlu1, Emre Karaoğlu2, Cengiz Çevik2

ABSTRACT
Intramuscular hemangiomas are rarely seen benign tumors, constituting %1 of all hemangiomas. They mostly occur in the trunk and extremities. They are uncommon in the head and neck region and arising most frequently from masseter and trapezius muscle. The patients usually complain about progressive and painless swelling in facial-parotid region. Due to its location, 90% of all intramuscular hemangiomas are misdiagnosed and often clinically mistaken as a parotid swelling. Radiologic images play important role for diagnosis of these hemangiomas.

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INTRODUCTION
Intramuscular hemangioma (IMH) is believed to be hemartomatous, congenital neoplasm, and proliferation of benign vascular channels within the skeletal muscle. Intramuscular hemangiomas are very rare and constitute approximately 1% of all hemangiomas.1 0.8% of all hemangioma and 10-20% of all intramuscular hemangioma are located in the head and neck muscles.2-4 They are uncommon in the head and neck region and arising most frequently from masseter and trapezius muscles. Due to the fact that IMH has nonspecific clinical findings; preoperative diagnosis is difficult. It tends to be relatively well circumscribed, and insidiously infiltrates the muscle resulting in a mass with deceptive gross margins. Inaccurate preoperative diagnosis and treatment planning may lead to an incomplete excision and unnecessary risk to facial nerve injury or bleeding.

The swelling normally diffuses in nature, is compressible and characteristically deep within the muscle. However, softness and compressibility may be absent due to local fibrosis and overlying musculature. Pulsations, bruits or thrills are uncommon but when present, arteriography is indicated to identify large vessel communications.

CASE REPORTS
Case 1
A 50 years-old female patient admitted to our hospital with complaints of occasional painful swelling of the right parotid and retroauricular regions for 4 years. The swelling was revealed over the right parotid region with physical examination. It was a mobile and multilobulated surface. Her facial movements, intraoral examinations, and overlying skin were normal.

Via ultrasound examinations it was seen that there was heterogeneous echogenicity cystic mass with multiple posterior acoustic shadowing from the calcified nodular areas in the right masseter muscle. It was also seen that there was multiple lymphadenopathy (LAP) in the bilateral parapharyngeal and retroauricular regions. Later Computed Tomography (CT) was planned for diagnosis. It was found...
that there was a mass lesion at the location of the right masseter muscle; there was multiple round calcified area within the mass lesion (Fig. 1a-d). Multiple LAPs were seen in the bilateral parafaryngeal and retroauricular regions.

For more detailed evaluation of the lesions, magnetic resonance imaging (MRI) examination was performed. The mass appeared as high signal intensity lobules that resemble a bunch of grapes on T2 weighted images. There were punctate or reticular low signal intensity areas that represent fibrous tissue. Fast flow within the vessel or foci of calcifications due to phlebolithes was also identified. Our case has characteristic and pathognomonic signs of hemangioma like a bunch of grapes and phlebolith (Fig. 2a-d). The mass enhanced after intravenous contrast material. Multiple LAPs were seen in the bilateral parapharyngeal and retroauricular regions. The biopsy result from LAP was lymphoma. Patient's lymphoma treatment completed.

**Case 2**

A 16 years-old male patient with complaints of dental diseases applied to the dental clinic. His right cheek has been swelling and having increasing pain at certain times since he was 7 years-old. Via physical examination the swelling was determined over the right parotid region. It was a mobile and multilobulated surface. His facial movement, intraoral examinations, and overlying skin were normal.
Figure 3 a-b: With USG examination, there was heterogeneous echogenicity cystic mass (in white line) with posterior acoustic shadowing of the calcified nodular area (orange arrow) in the right masseter muscle.

Assessing the detailed structure of the lesion, a magnetic resonance imaging (MRI) examination was performed. The mass appeared to be high signal intensity lobules that resemble a bunch of grapes on T2 weighted images. There were punctate or reticular low signal intensity areas that represent fibrous tissue. Fast flow within the vessel or foci of calcifications due to phlebolithes was also identified. Our case has characteristic and pathognomonic signs of hemangioma like a bunch of grapes and phlebolith (Fig. 5a-d).

Because of his normal facial movement, intraoral examinations, and normal overlying skin, in both cases, no treatment was required for hemangiomas.

Figure 4 a-b: Axial and coronal bone window on the CT scans, mass lesion at the localized of the right masseter muscle, there were solitary calcified area within the mass lesion (blue arrow).

Figure 5 a-d: a: axial T1 weighted, b-d: axial, sagittal and coronal plane T2 weighted sequence, the mass in the masseter muscles, heterogeneous signal intensity on T1 and T2 weighted sequence and mass appeared as high signal intensity lobules that resemble a bunch of grapes on T2 weighted images (orange arrows). There was punctate or reticular low signal intensity areas that represent fibrous tissue, fast flow within the vessel or a foci of calcifications due to phlebolith (blue arrow).
Case 3
A 65 year-old woman appeared in ENT clinic with a facial swelling over bending anteriorly (for praying) and in an emotional situation. Because of the unexpected facial disfigurement in social situations, patient asked for a solution to her problem. Investigation suggested a vascular lesion of 3x4 cm on the right cheek. Surgical removal planned and uneventful excision of the lesion through sublabial approach was performed. Specimen’s pathological exam was reported as a multilobulated 3.5x3.5 cm angiomatosus nodular lesion.

DISCUSSION
Intramuscular hemangioma (IMH) is a proliferation of benign vascular channels within the skeletal muscle.\(^1\) It is believed to be hamartomatous, congenital neoplasm. They are uncommon in the head and neck region and arising most frequently from masseter and trapezius muscle. 60% is in these muscles.\(^5\) Other sites in the head and neck are pterygoid, thyrohyoid, larynx, sternocleidomastoid, orbital and posterior neck muscles.\(^5,6\) Intramuscular hemangiomas are commonly seen among adolescents and young adults, especially before the age of 30; however, they may affect older patients.\(^1,2\) One of our cases had the patient at the age of 16, and the other patients in the other 2 cases were 50 and 65 years-old.

Preoperative diagnosis is difficult due to the fact that IMH have nonspecific clinical findings. IMH has a pseudo edge, and is usually well circumscribed and may infiltrate insidiously the muscle. For long time it can stay undetected, until its sudden growth which causes incremental pain or/and cosmetic deformity. IMH presents a slowly enlarging mass generally with a normal overlying skin, yet it may have a reddish blue discoloration. Overlying mass generally with a normal overlying skin, yet it may have a reddish blue discoloration. IMH has a pseudo edge, and is usually well circumscribed. Cosmetic problems and functional disabilities are minimized after excision, even after rapid growth, uncontrolled pain, aesthetic problems, thrombocytopenia, functional impairment, necrosis overlying skin, and suspicion of malignancy. The optimal management is a wide surgical excision of the tumor. Cosmetic problems and functional disabilities are minimized after excision, even after significant removal of surrounding normal muscle.\(^5\)

Plain radiography is not important for diagnosis but can demonstrate tortuous vascular spaces, phleboliths.3-5 According to ultrasound examinations, there was heterogeneous echogenicity cystic mass with posterior acoustic shadowing secondary of the calcified nodular areas.

CT is a good imaging modality and IMH is seen well circumscribed mass in which may enhance after administering the contrast material. Phlebolith is well seen via CT, but it unable to define tissue planes and the vascularity of the lesion.\(^5,6\)

MR imaging is a useful noninvasive technique for examinations of soft tissue and hemangioma because of its superior soft tissue contrast and multiplanar capability. MR imaging findings in hemangioma are frequently diagnostic.\(^5,9\) Hemangioma generally appears as high signal intensity lobules that resemble a bunch of grapes on T2 weighted images. Hemorrhagic and calcified areas and fatty tissue that located in the hemangioma are responsible of heterogeneous signal intensity on T1 and T2 weighted sequences. Punctuate or reticular low signal intensity areas represent fibrous tissue, fast flow within the vessel or foci of calcifications. Phleboliths appear as circular areas of low signal intensity. Our cases’ findings of USG, CT, and MRI were identical with the literature and our cases have characteristic and pathognomonic signs for hemangioma like a bunch of grapes and phlebolith.

Angiography is another imaging modality and may delineate the vascular nature of an IMH and feeding artery.\(^3,5,9\) Treatment options for symptomatic hemangiomas have included steroids, radiation therapy, surgical resection, arterial ligation, and transcatheter arterial embolization(TAE). TAE has been used in the treatment of ruptured hemangiomas, diffuse hemangiomatosis, and symptomatic hemangiomas. However, different embolic materials have been used for TAE in hemangiomas, such as gelfoam, steel coils, polyvinyl alcohol, and isobutyl cyanoacrylate.\(^10\) Asymptomatic hemangiomas can be traced and none surgical excision is necessary. In one of our cases a surgical treatment was asked while 2 cases were kept for follow-up. Surgical treatment is necessary especially if there is a rapid growth, uncontrolled pain, aesthetic problems, thrombocytopenia, functional impairment, necrosis overlying skin, and suspicion of malignancy. The optimal management is a wide surgical excision that includes normal muscle beyond the gross limits of the tumor. Cosmetic problems and functional disabilities are minimized after excision, even after significant removal of surrounding normal muscle.\(^5\)
Although IMH is rare in the head and neck, it should be considered in the differential diagnosis of masses in these regions. Its diagnosis is difficult because of its nonspecific sign. USG, CT, and MRI are useful imaging modalities in diagnosis of IMH. Management of intramuscular hemangioma should be individualized based on tumor location and extent, tumor growth rate, anatomical accessibility, patient age, and cosmetic considerations. Some of the patients can be observed via accuracy of MRI especially in young children.

In conclusion, IMH is rare in the head and neck or oral cavity, and it should be considered in the differential diagnosis of masses in these regions. Its diagnosis is difficult because of its rarity and nonspecific sign.

REFERENCES